



For more information on preventing sports injuries in youth:

The Massachusetts Interscholastic Athletic Association provides safety, wellness, and prevention resources and information for student athletes, teacher-coaches, athletic directors, and school personnel. www.miaa.net

The Micheli Center for Sports Injury Prevention offers sport-specific injury prevention information. <http://www.themichelicenter.com/resources/healthcare-providers-coaches/>

Bureau of Injury Prevention, Massachusetts Department of Public Health (MDPH) offers resources on reducing injuries among youth at school, at home, and in the community. www.mass.gov/dph/injury

MDPH Sports Concussion Prevention and Management Program provides information on a number of important topics, including regulations, training, required forms for schools and clinicians, and model policies for schools. www.mass.gov/sportsconcussion

CDC Child Injury Prevention offers many resources on injury prevention. <http://www.cdc.gov/safechild/index.html>

Boston Children's Hospital, Sports Medicine Division provides comprehensive multidisciplinary care to athletes of all ages and abilities, from professional athletes to eager novices. <http://www.childrenshospital.org/centers-and-services/division-of-sports-medicine/overview>

Sports Medicine Center, Mass. General Hospital provides interdisciplinary care for athletes. www.massgeneral.org/ortho-sports-medicine/
