



The Golden Times September 2024

Members of The Board

Honorary Chair: Mayor Carlo DeMaria

Chair

Carol Dello Russo

Vice Chair

Marie Dillon

Secretary

Sharon White

Members

Patty Connors Josephine Navarra **Carol Garrett Sharon White** Charles DiPerri Clarellyn Nee

From The Desk Of Mayor Carlo DeMaria

September

By All These, lovely takens, September days are here with Summer's Best of weather, and Autumns best of cheerHelen Hunt Jackson

The Connolly Center is a safe space for Older Adults, It is a place of refuge and a haven for our most valued population;

If you feel unsafe or have experienced any violation of our code of conduct policy, please reach out to one of the staff members for assistance and we will address it. Thank You. Dale

Assistant & Pantry Coordinator

Catarina Patterson

Admin/ESL Coordinator

Jack Darrigo

Staff Dale A. Palma Director of **Elder Services**

Joanne LaMonica Staff Assistant/lunch

Cathi Connors

Staff/Trip Coordinator

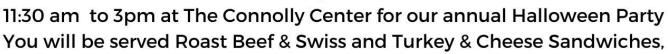


Celebrate Hispanic Heritage month

Join us for this special celebration Friday September 13, 2024 beginning at 12 noon at The Connolly Center. You will enjoy a beautiful dance performance by Bajacoul Dance with Christian and Miguel. There will also be dance lessons and Dj music for you to enjoy. Light refreshments will be served. Please reserve your seat with Cathi at The Connolly Center.

Halloween Party

Join us Thursday October 31,, 2024





Garden Salad potato salad dessert and coffee
Dancing to "Smokin' Joe and The Henchmen
Costumes encouraged, prizes given
Cost \$ 15.00 per person
Please see a member of The COA for tickets



Italian Heritage Month Celebration

Saturday October 26, 2024

12:00pm to 3pm

The Connolly Center

You will enjoy an Italian Buffet Dinner

prepared by The Council on Aging Dancing to SeaBreeze

Cost: \$15.00 per person

Cost: \$15.00 per person See Cathi for tickets

Movie

Tuesday October 22. 2024 @ 12:15PM
"The Fabulous Four"
Starring Bette Midler, Susan Serandan, SheryLee
Ralph and Meghan Mullaly . College roomates
travel for a surprise wedding

Refreshments Served



Seniors on The Road



Wednesday November 13, 2024: The Sicilian Tenors

The Everett Council on Aging presents "The Sicilian Tenors" Coming off their highly successful National Broadcast Tour, Our luxurious coach will pick you up at The Connolly Center at 9:00AM to enjoy a delicious luncheon at Luciano's Lake Pearl Restaurant. Here you will enjoy a traditional Thanksgiving Feast before the show. The tenors will sing many of your favorites, including Stardust and LaTriviata. Sign up now. Cost is 109.00 per person.

Thursday, December 5, 2024: The Kenny and Dolly

Today, we travel to the The Danversport Yacht club for a delicious luncheon of your choice, Chicken Parmigian or baked schrod. After lunch sit back and enjoy the Kenny & Dolly "A Smoky Mountain Christmas" starring Wendy T and Dave Karl. Together, they will perform familiar Christmas tunes as well as Kenny and Dolly Duets. The Cost: \$ 109.00 per person

Please call Cathi at 617.394.2323 for additional information

September Senior Social

Join us Friday 20, 2024 September from 11:45am to 3pm at The Connolly Center, 90 L. Chelsea Street in Everett. The month The Council oh Aging Has chosen a delicious catered meal; Rolls & Butter, Garden Salad, Roast Beef with Mushroom Gravy, Roasted potatoes, squash, apple pie with ice cream, coffee and Tea. You will dance to one of our favorite DJ's Chris Fiore. The cost is \$ 30.00 per person. Please see a member of The Council on Aging for details, or call Cathi at 617.394.2323

Thursday Dance Party

The Connolly Center. Thursday September 26, 2024 from 12:30 to 3 pm. This event is free of charge, subsidized by The Everett Foundation for Aged Persons. Featured DJ George Athos

BOOK CLUB NEWS

Our Book Club meets the second Thursday of each month, in The Conference room of The Connolly Center, 90 Chelsea St in Everett.

On the fourth Thursday of each month, we meet for Our Mystery Series Book club, Join

On the fourth Thursday of each month, we meet for Our Mystery Series Book club. Join us in conversation.



EVERETT ARTS ASSOCIATION NEWS

Beginning in September the Everett Arts association will resume their fall session at the Connolly Center Tuesdays at 11:30am. for additional information please call Ann at 617.387.7797

ARTS & CRAFTS FAIR

SATURDAY OCTOBER 5, 2024
WE ARE LOOKING FOR VENDORS
THE CONNOLLY CENTER
CALL CATHI 617.394.2323



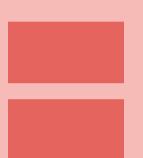
Monday

Tuesday

Wednesday

Thursday

Friday





Movement with Miguel

11:00AM Country Western Line Dancing with Julie

> 11:30AM lunch

12:30 PMBINGO

bingo!

8AM-4PM

9:00 AM

ZUMBA with Miguel

10:00 AM Tech Support

Belly Dancing with SUE

11:00 AM
Tai Chi with Judith

Crochet Club
With Cathi

11:30AM Lunch

8AM TO 5PM

FOOD . Pantry



No

Programming

1:30pm PROGRAMMING PORTUGUESE IANGUAGE



9:00AM
Chair Yoga with Miguel

10AM

Cardio with ____

11:00AM Aging Backwards with Jill

> 11:30AM Lunch



12:00PM
Latin based line
dancing

8AM TO 5PM

9AMMindful Stretching With

TBA

10:15 AM Cardio

With Calvin

11:00AM Lunch



8AM TO 12 NOON



Senior Social

The Senior Social takes place the 3rd Friday of each month at The Connolly Center

LUNCH NEWS

Beginning August 5, The Connolly Center will be utilizing Mystic Valley Elder Services congregate lunch program





Medical rides and shopping shuttle available to Older Adults

Mayor Carlo DeMaria and The Council on Aging are please to be able to offer rides to and from medical appointments and shopping shuttles with SCM, "Door to Door" transportation. To make a reservation please call 617.625.1191. Please give at least a two day notice, before booking a ride

Shine Counceling available

Medicare, Medicaid, The Medi- Gap...Having trouble making a decision choosing your best option for health insurance? There is help for you!! The City of Everett and Mystic Valley Elder Services have partnered to provide assistance with a trained Shine Councilor. Please call MVES at 781.324.7705 to make an appointment.

Food INSECURITIES

if you are an adult 60 years or older and in need of food, please join us every Wednesday from 12:30PM to 1:30PM at the Connolly Center, 90 Chelsea St, Everett (masks required)

Hearing Loss

Suffering Form Hearing loss and want to get checked? Call Mary Marino from Mary's Affordable Hearing to make an appointment. Mary will come to your home or meet you at The Connolly Center. 781.249.5330

CROCET CLUB Meets every Tuesday at The Connolly Center at 11:00AM. Cathi (Our instructor) will guide you to improve your skills and technique