



CITY OF EVERETT

Golden Times Newsletter



A MESSAGE FROM MAYOR CARLO DEMARIA

In the month of April, in Massachusetts, we celebrate Patriot's Day... Who can forget the poem by Henry Wadsworth Longfellow, "Paul Revere's Ride" - "Listen, my children and you shall hear the midnight ride of Paul Revere. On the eighteenth of April, in seventy-five, hardly a man is now alive, who remembers that famous day and year..." Patriot's Day is a legal holiday commemorating the battles of Lexington, Concord, and Menotomy. These are the first battles of the Revolutionary War that eventually lead to America's independence from England.



April is National Garden Month...
Join the Garden Club at The Connolly Center
Call 617-394-2323 for information

Mayor DeMaria

MEMBERS OF THE COUNCIL ON AGING

Honorary Chair:
Mayor Carlo DeMaria

Chair:
Carol Dello Russo

Vice Chair:
Marie Dillon

Secretary:
Sharon White

Members:
Patty Connors
Chickie Navarra
Carol Garrett
Sharon White
Charles DiPerri
Clarelyn Nee

STAFF

Dale Palma
Director of Elder Services

Catarina Patterson
Clerk

Jack Darrigo

Joanne Lamonica

Cathi Connors
Staff Assistants



**CANCIONES
Y
COMIDA**

SPECIAL  **DJ GUESTS** & **LIVE PERFORMANCES**

**RUMBA
97.7**

**DANI
NOVELLI**

**PRIMO
SIMON**

**LOS PRIMOS DEL
REFUGIO**

SATURDAY, MAY 4, 2024

**FREE ADMISSION
& FOOD**

*** WHILE TICKETS LAST ***

**EVERETT RECREATION CENTER
47 ELM ST EVERETT, MA 02149**



Carlo DeMaria
Mayor

**MOTHER'S DAY
CELEBRATION**

**FRIDAY MAY 10, 2024
THE CONNOLLY CENTER
START TIME 12 NOON**

**GARDEN SALAD, TORTELLINI SOUP
ROASTED STUFFED PORK LOIN
GRAVY & APPE SAUCE
ROATED POTATOES, SQUASH
COFFEE AND DESSERT**

DANCING TO DJ CHRIS FIORE

COST: \$25.00

**TICKET SALES
APRIL 15 TO MAY 3**



Connolly Center Happenings

April Senior Social

Wednesday April 17, 2024

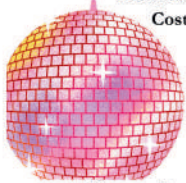
Anthony's Restaurant,
105 Canal Street in Malden

Garden Salad, Minestrone Soup, Baked Haddock and
Baked Chicken, Rice Pilaf, seasonal vegetable
Coffee & Dessert

Dancing to the son stylings of Ray Cavicchio

Ticket Sales March 23 to April 12

Cost: \$ 30.00 per person



Dance Party

Thursday April 4, 2024

The Connolly Center
90 Chelsea St

12:30 PM to 3:00PM

DJ Tommy Sheehan

There is no admission fee.

Just come and enjoy yourself



Mother's Day Party

Friday May 10, 2024 at 12 Noon

The Connolly Center, 90 Chelsea Street

A seated catered dinner will be served;

Garden Salad, Tortellini Soup, Roast Stuffed Pork
Loin, Roasted Potatoes, Squash, Apple Sauce,
Coffee and Dessert

Dancing to DJ Chris Fiore

Ticket Sales April 15 to May 3

Cost: \$ 25.00 per person

At The Movies

Thursdays at 12:30PM

April 11: Oppenheimer

April 18: The Miracle Club

Thursday April 25, 2024

Corn Hole Tournament 1 PM @ The Connolly Center

Teams are forming Sign up with Cathi,

Teams of 2 or 4 are encouraged.



*Mother's
Day*

Carlo DeMaria
Mayor

**April Senior Social
Wednesday April 17, 2024
11:45AM AT ANTHONY'S RESTAURANT
105 CANAL ST IN MALDEN**

**GARDEN SALAD, MINESTRONE SOUP, BAKED STUFFED
CHICKEN, BAKED HADDOCK, RICE PILAF, SEASONAL
VEGETABLE, COFFEE AND DESSERT**

**DANCING TO RAY CAVICCHIO
COST: \$ 30.00 PER PERSON**

TICKET SALES MARCH 25 THROUGH APRIL 12



MON	TUE	WED	THU	FRI
9AM Movement with Miguel	9AM Zumba with Miguel	NO PROGRAMMING Food Pantry 9:30AM -11:00AM	9AM Chair Yoga with Miguel	9AM Mindful Stretching/Cardio with Christian
10AM Open Hour	10AM Tech Support (CHA)	Senior Food Pantry 12:30-2:00PM	10AM Cardio with Christian	10AM Low impact with Calvin
11AM Country Western Line Dancing	10AM Senior Belly Dancing with Sue		11AM Aging Backwards with Jill	
	11AM TAI CHI With Judith		12 Noon Latin Based line dancing with Christine	
	Crochet Club With Cathi			

LUNCH TIME

Lunch is served every Day, except Wednesdays
Between 11:30AM-12Noon
Lunches must be ordered a week in advance Please fill out a menu with Joanne or call 617.394.2323



Monday Bingo @ 12:30

Tuesday Movie @ 12:30



Senior Social The Third Wednesday of each Month

Book Club 1st and 3rd Thursday of each month @10AM

Dance Party Rotating DJ's
1st & 3rd Thursday of each month 12:45 Noon- 3PM

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EARTH DAY - APRIL 22ND

WORD SCRAMBLE AND CROSS: Unscramble each of the words on the left and write them in the grid. When the puzzle is complete the shaded letters going down will spell out another name for your home.

ERTWA →

RSHTA →

AOCEN →

BLOGAL →

NLLTOIUOP →

AETUNR →

REEDCU →

OCSTPMO →

YLCCEER →

TWSAE →

NYGEER →

EREUS →

TEILTR →



Celebrate Earth Day

Saturday, April 20, 2024

8 a.m. - 12 p.m.

Gateway Park
(1 Mystic View Rd.)

Join us as we celebrate Earth Day by cleaning up and planting new life along the Everett waterfront!

In addition to many other fun projects, enjoy a participant BBQ, boat and canoe rides, activities and more at 12 p.m. with music and fun for all.

Volunteer today by filling out the registration form at:

cityofeverett.com/events/celebrate-earth-day



SCAN ME

Seniors on The Road

Thursday April 18

"Cash Only" a Johnny Cash tribute band. We depart the Connolly Center at 11:00AM to enjoy a delicious lunch at Boston's premiere Waterfront Restaurant, The Venezia.

Here you will have your choice of Baked Haddock or Chicken Parmigiana. After lunch sit back and enjoy the show. "Ca\$h Only" is a celebration of the great music of country singer Johnny Cash. This is must see for all the fans of The Man in Black.

Cost: \$ 115.00 per person. Reservations will be accepted with a check made out to The City of Everett. The deadline for this event is April 5.



Friday May 24:

Pickety Place. Join us for this trip to Mason NEw Hampshire and discover the gardens and the woods of Pickety Place. For over 200 years this quaint cottage has graced the New Hampshire landscape. Here you will enjoy a seasonal 5 course lunch. After lunch you will have time to stroll the gardens and greenhouses , bursting with Spring flowers, fruits and vegetables. After our visit here, we head to Parker's Maple Barn to shop at their unique gift shop. Bus departs The Connolly Center at 8:30AM with a return of 4:30 PM.. Please note some of the grounds are uneven walking. Cost \$99.00 per person . Deadline for your reservation is May 10.

Thursday June 27

It's Lobster time in Maine. Our motor coach departs The Connolly Center at 9:15AM. Our first stop is Stonewall Kitchen, where you can sample their delicious , jellies, jams and more, before you make your purchase. following Stonewall, it is off to Foster's for a traditional clam bake with your choice of lobster or chicken. After this hearty lunch it is off to Ogunquit Center, for an hour of shopping, on your own. When we depart Ogunquit, our next two stops are When Pigs Fly Bakery and Yummies Candies, before returning home/ The cost of this trip is \$ 110.00



THURSDAY & FRIDAY July 25 & 26

It's Off to the Races for our two night excursion to Saratoga Springs & Casino... Please see Cathi for details



**CHECKS MADE OUT TO THE CITY OF EVERETT,
MUST ACCOMPANY ALL RESERVATIONS**

YOU MUST GIVE A TWO WEEK NOTICE OF CANCELLATION TO RECIEVE A REFUND. NATURALLY THERE ARE EXTENUATING CIRCUMSTACES. PLEASE SEE CATHI TO MAKE YOUR RESERVATION. FOR ADDITIONAL INFORMATION PLEASE DIAL 617.394.2270 TO BE CONNECTED TO THE CONNOLLY CENTER OR DIAL DIRECT AT 617 .394.2323

LUNCH TIME

LUNCH IS SERVED AT THE CONNOLLY CENTER
MONDAY, TUESDAY AND THURSDAY AT 11:45AM UNTIL 12:15
ON FRIDAY LUNCH IS SERVED AT 11:00AM UNTIL 11:30AM

DO YOU NEED A RIDE TO A MEDICAL APPOINTMENT OR TO GO GROCERY SHOPPING? THE CITY OF EVERETT IS CONTRACTED WITH SCM TO PROVIDE TRANSPORTATION TO YOUR APPOINTMENTS TO MAKE A RESERVATION PLEASE CALL 617.625.1191, MONDAY THROUGH FRIDAY FROM 9AM UNTIL 1 PM. PLEASE GIVE A TWO DAY NOTICE. A \$2.00 SUGGESTED DONATION IS APPRECIATED



MEDICARE, MEDICAID, THE MEDI-GAP. HAVING TROUBLE MAKING A DECISION WITH YOUR INSURANCE ? THERE IS HELP FOR YOU. THE CITY OF EVERETT ELDER SERVICES AND MYSTIC VALLEY ELDER SERVICES HAVE PARTNERED TO PROVIDE YOU WITH ASSISTANCE WITH A SHINE COUNCILOR. PLEASE DIAL 781.324.7705 TO SCHEDULE AN APPOINTMENT .



SUFFERING FROM HEARING LOSS ? ARE YOU FEELING ISOLATED BECAUSE OF IT? CALL MARY'S AFFORDABLE HEARING AIDS TO SCHEDULE AN IN HOME VISIT OR MEET WITH MARY AT THE CONNOLLY CENTER. PLEASE CALL 781.249.5330 TODAY!



ARE YOU AN ADULT OVER THE AGE OF 60 ? ARE YOU EXPERIENCING FOOD INSECURITIES ? IF SO, YOU ARE WELCOME TO JOIN US AT " THE SENIOR FOOD PARTY", EVERY WEDNESDAY, FROM 12:30PM TO 1:30PM AT THE CONNOLLY CENTER, 90 CHELSEA ST



FEELING CRAFTY? WOULD YOU LIKE TO LEARN HOW TO CROCHET? THE COUNCIL ON AGING HAS PARTNERED WITH CAMBRIDGE HEALTH ALLIANCE TO PROVIDE FREE CLASSES EVERY TUESDAY AT 11AM AT THE CONNOLLY CENTER



April

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lo Salt Turkey and Cheese on a roll	American Chop Suey	Antipasto Salad	Chicken Broccoli and Ziti	Breakfast Sandwich Egg, Cheese and Bacon on a Bagel	
7	Chicken Salad sandwich With lettuce on a roll	Pasta and Meatballs	Greek Salad with grilled chicken	Lo Salt Hot Dog and Baked Beans	Pepper and Egg Frittata with a roll on the side	13
14	Sliced Roast Beef and Cheese on a roll	Eggplant Parmigiana over pasta	Chicken Cesar Salad	Lo Salt Ham & Swiss on a roll with lettuce	Breakfast Sandwich on a Croissant, Ham egg and Cheese	20
21	Seafood Salad Sandwich on a roll with lettuce	Chicken Vegetable Stir Fry over rice	Chef Salad with slices of lo salt ham & turkey with Swiss Cheese	Turkey Dinner with Mashed Potatoes, Squash and Gravy	Tuna Salad Sandwich on a roll with lettuce	27
28	Sliced Corned Beef on a roll with Swiss Cheese	Stuffed Shells with tomato sauce	** All meals should include, a snack and fresh fruit		For Lunch Reservations please contact Joanne Lamonica at 617.544.6028 or by email Joanne.Lamonica@ci.everett.ma.us	Please note, if you miss three days in a row without cancelling lunch, you will automatically be removed from our roles