



CITY OF
EVERETT
COUNCIL ON AGING

Golden Times

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90 Chelsea Street

617-394-2323

cityofeverett.com

January 2026

Message From the Mayor:

Thank You for 18 Years

As we begin the new year, I want to share how truly honored I have been to serve as your mayor for the past 18 years. Together, we have accomplished so much as a community and shared countless special moments. Memories I will carry with me for the rest of my life.

When I reflect on my time in office, some of the work I am most proud of involves the services and programs we provide for our senior community. The dedicated Council on Aging staff have been a tremendous partner over the years, ensuring that Everett's seniors have access to enriching, engaging and fulfilling programming. From daily exercise classes to special weekly events and monthly senior socials, we have worked hard to offer something for everyone. I truly believe Everett provides some of the most robust senior services anywhere, and that is thanks to the commitment of the staff, volunteers and residents who have helped build this strong and caring community.

With Mayor-Elect Robert Van Campen preparing to take office, I am confident that he will continue this commitment to supporting our seniors. My team has worked closely with his to ensure a smooth transition.

As I sign off one final time as mayor, please know this is not goodbye. I look forward to remaining active in the community and continuing to see many of you around Everett. Thank you, once again, for everything we have shared — the laughter, the smiles and the many special moments. It has truly been a pleasure to serve you.

The Connolly Center is a safe space for older adults to commune with each other.

January 2026 - Happenings and Events

***To register for classes/programs, unless specifically noted otherwise, please call the COA at 617-394-2323.**

Musical Bingo

Wednesday, January 7, 12:30 PM

Test your musical knowledge in this new take on Bingo with DJ Tommy. Have fun and maybe even win a prize or two! Please see Cathi to sign up.

***Luncheon for Veterans**

Thursday, January 8, 12 PM

All who served are invited to a complimentary luncheon hosted by the Department of Veterans Services. A reservation must be made by seeing Gerri in the Veterans Office or calling 617-394-2320.

January Senior Social

Wednesday, January 14, 11:45 - 3 PM

MENU: Minestrone soup, garden salad, roast pork with stuffing, roasted potatoes, seasonal vegetables, gravy, applesauce, coffee and dessert. **Tickets:** \$25 per person, available Dec. 29 - Jan. 9. **Entertainment:** Ray Cavicchio and band.

Meals and Reels

Thursday, January 15, 12:30 PM

Join us for a delicious lunch with a movie to follow. **Film: Superman** (2hr 10 min, Rated PG-13, 2025). When Superman gets drawn into conflicts at home and abroad, his actions are questioned, giving tech billionaire Lex Luthor the opportunity to get the Man of Steel out of the way for good. Will intrepid reporter Lois Lane and Superman's four-legged companion, Krypto, be able to help him before it's too late?

***Martin Luther King Jr. Annual Breakfast Monday, January 19, 9 AM**

Hosted by Zion Church Ministries, this annual event awards scholarships to young adults pursuing higher education and celebrates the life and legacy of Dr. Martin Luther King Jr. The ceremony will feature guest speakers and breakfast to follow. Tickets: \$40 per person. Please call 617-389-8357 to reserve a spot and learn more.

Valentine Card Making with Miss Kim Wednesday, January 28, 10 AM

Design your own card to give to that special someone for Valentine's Day! Space is limited to 20 participants. Sign up with Cathi Jan. 6 - Jan. 21 at the Connolly Center. Cost: \$5.00

Pizza and Presentation January 29, 12:30 PM

Enjoy some pizza, while you engage with a special discussion on health and strategies to prevent falling. Please reserve a spot with Cathi at the Connolly Center.

Connolly Center Book Club January 8 and 22, 12 PM

Kathleen Slipp from the Everett Public libraries hosts a book club that meets every second and fourth Thursday of the month. Go on an adventure through exciting stories and discuss the tale together!



Game Day Thursdays
Every Thursday, 12 PM

Choose from a selection of games, like Pokeno, Buffalo Bingo, Monopoly, yahtzee and more. Bring your friends and feel free to bring your own game to share with others!

Daily Lunch
Monday - Thursday, 11: 30 - 12 PM
Friday, 11 AM

Lunch is served at the Connolly Center Monday through Friday. Please see Joanne or Jess at the Connolly Center for more information. There is a suggested donation of \$2 per person.

Barbra Streisand Tribute Show
Tuesday, February 10, 12:30 PM

Celebrate Valentine's Day with Everett's own Lori Gardin Ziedins put on a spectacular show as Barbra Streisand! Light refreshments will be served. Reservations must be made no later than Friday, Jan. 30.

Crochet Club
Every Tuesday, 11 AM

Crochet together as a group in this fun and educational class! An instructor is available every first and third Thursday of every month and there are also experts at each class that would be happy to help guide you.

SHINE Counseling
Wednesday, January 7, 11 - 2 PM

Don't miss this opportunity to learn about health insurance. A Mystic Valley Elders Services SHINE counselor is available to answer your questions and help you make decisions on the right coverage for you. Please make an appointment with Joanne at the Connolly Center.

Gift Shop
Monday - Thursday, 9 - 1 PM

Stop by the gift shop at the Connolly Center! From shoes and clothing to cookware and glassware, there's a large variety of items to choose from. Each time you purchase an item from the gift shop, all proceeds will go towards programming at the Connolly Center. It's a win-win!



Edward G. Connolly Center
90 Chelsea St. Everett, MA 02149
Monday, 8 - 4 PM
Tuesday - Thursday, 8 - 5 PM
Friday, 8 - 12 PM

Serving residents every day, this is the hub for senior programming and services for veterans in Everett.

January 2026 - In the Know

Transportation

SCM Transportation

Need a ride to a medical appointment or the grocery store? The Council on Aging has partnered with Door2Door by SCM to provide rides within Everett and to border communities including Chelsea, Revere, Malden, Medford and Somerville.

Riders may call the reservations department at 617-625-1191 and press 2 for reservations between the hours of 9:00 AM and 1:30 PM, Mondays through Fridays, excluding holidays, two weeks to two business days in advance.

Social rides will be available from 9:00 AM to 4:00 PM on a first-come, first-served basis Mondays through Fridays, excluding holidays. Space is limited. There is a suggested donation of \$2 each way.

TRIP Metro North

In addition to SCM, you can also get where you need to go through Mystic Valley Elder Services' (MVES) TRIP program. If driving and public transportation aren't options for you, call 781-388-4819 to see if you qualify.

This free service also offers money based on mileage to reimburse friends, neighbors and possibly other family members for taking you where you want to go. Ineligible family members include sons, daughters and spouses.

Noteworthy

Senior Citizen Tax Work-Off

The Council on Aging is offering a tax work-off program for Everett homeowners age 60 and up. Eligible participants can work up to 50 hours by Oct. 15, 2026 to receive a \$750 reduction on their property tax bill.

Eligibility:

- Age 60+
- Own and live in the property

Positions are filled on a first-come, first-served basis and may include indoor or outdoor tasks. Earnings are federally taxable, and participants will receive a W-2. For more information, please call the Connolly Center at 617-394-2323.

Free Parking Sticker for Seniors

Everett residents 65 and up are invited to the Connolly Center on Jan. 7 and Jan. 28 beginning at 11 AM to learn about the City's new Senior Meter Sticker program and get on-site help applying. The sticker lets eligible residents park for free at any metered space in Everett for one calendar year.

Residents who wish to apply at the session should bring:

- A valid driver's license
- Current vehicle registration

The sticker is free, limited to one per person and valid for one year. For more information, contact Constituent Services at 617-394-2270.

January 2026 - Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Low Impact Aerobics <i>with Calvin</i> 9:15 AM	Zumba <i>with Miguel</i> 9 AM	Cardio <i>with Irene</i> 9 AM	Yoga <i>with Miguel</i> 9 AM	Cardio <i>with Miguel</i> 9 AM
Country Line Dancing <i>with Julie</i> 11 AM	Tech Support 10 AM	CHA Health Clinic 10 AM	Aging Backwards <i>with Jill</i> 11 AM	Lunch 11 AM
Lunch 11:30 AM	Belly Dance <i>with Sue</i> 10 AM	Dancing <i>with Luis</i> 10:30 AM	Game Day 11 AM	
Bingo 12:30 PM	Blood Pressure Checks <i>with Joanne</i> 10 AM	Lunch 11:30 AM	Lunch 11:30 AM	
	Crochet Club <i>with Judith</i> 11 AM	Portuguese Programming 1:30 PM	Latin Line Dancing <i>with Christine</i> 12 PM	
	Tai Chi 11 AM			
	Lunch 11:30 AM			

January 2026 - Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			1 New Year's Day Holiday. Connolly Center closed.	2
5	6 Crochet Club 11 AM	7 Musical Bingo 12:30 PM SHINE Counseling 11 - 2 PM	8 Luncheon for Veterans 12 PM Book Club 12 PM Game Day 12 PM	9
12	13 Crochet Club 11 AM	14 January Senior Social 11:45 - 3PM	15 Meals and Reels 12:30 PM Game Day 12 PM	16
19 MLK Day Holiday MLK Scholarship Breakfast 9 AM	20 Crochet Club 11 AM	21	22 Book Club 12 PM Game Day 12 PM	23
26	27 Crochet Club 11 AM	28 Valentine Card Making 10 AM	29 Pizza & Presentation 12:30 PM Game Day 12 PM	30