



**CITY OF
EVERETT
COUNCIL ON AGING**

Golden Times

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90 Chelsea Street
617-394-2323
cityofeverett.com

February 2026

Message From the Mayor:



One of the things I value most about Everett is the sense of community we share, and February is a wonderful reminder of that. While the month may be short, our calendar is full of opportunities to connect, celebrate and spend time together, and I hope you'll join us.

Don't miss special events like our monthly Senior Social. The February social will feature a Valentine's Day theme, of course! Bring a special friend or loved one and enjoy a cheerful afternoon together.

February is also a time for reflection as we observe Black History Month. It is an opportunity to recognize the progress that has been made, acknowledge the work that remains and celebrate the Black leaders, past and present, who have helped shape Everett into the community it is today.

This month, we also recognize the birthday of our first president, George Washington. His commitment to public service and integrity continues to inspire my own approach to leadership, as I work each day to serve you with respect, fairness and dedication.

If you ever need assistance, please don't hesitate to speak with a Council on Aging staff member or reach out to my office directly. We are here to support you, and it is an honor to serve as your mayor.

The Connolly Center is a safe space for older adults to commune with each other.

February 2026 - Happenings and Events

***To register for classes/programs, unless specifically noted otherwise, please call the COA at 617-394-2323.**

Super BINGO

Wednesday, February 4, 2026, 12:30 PM

Join us for SUPER BINGO!

Play 10 games: \$5.00

Coverall card: \$2.00 each.

Door prizes given in between each game.

Refreshments will be served.

Please Sign up with Cathi.

Barbra Streisand Tribute Show

Tuesday, February 10, 2026, 12:30 PM

Welcome Everett's own Lori Gardin Zeidans as Barbra Streisand. Lori is an accomplished vocalist and will sing your favorite Streisand tunes. This event is free. Please sign up with Cathi at the Connolly Center.

February Senior Social

Wednesday, February 11, 2026

11:45 - 3 PM at the Connolly Center

MENU: Rolls and butter, garden salad, Baked Haddock and Chicken Limone, rice pilaf, seasonal vegetable, & coffee and cheesecake for dessert.

Tickets: \$25 per person. Available through February 6.

Entertainment: Joey Canzano

Meals and Reels

Thursday, February 19, 2026, 12:30 PM

Join us for a delicious lunch (Beef Stew and a biscuit) with a movie to follow. \$5.00 per person. **Film: Nuremberg** (2hr 28 min). As the Nuremberg trials are set to begin, a U.S. Army psychiatrist gets locked in a dramatic psychological showdown with accused Nazi war criminal Hermann Göring. **This film contains sensitive material.**

Pizza and Presentation

February 26, 2026, 12:30 PM

Join us in welcoming Stacey Minchello The executive director of Community Family Adult Day Health Program. Stacey will discuss the benefits of Adult Day Health programs offered right here in Everett. There will be prizes and giveaways. You must reserve your space with Cathi.

Connolly Center Book Club

February 12 & 26, 12 PM

Kathleen Slipp from the Everett Public libraries hosts a book club that meets every second and fourth Thursday of the month. Go on an adventure through exciting stories and discuss the tale together!

***Luncheon for Veterans**

Thursday, February 18, 2026, 12 PM

All who served are invited to a complimentary luncheon hosted by the Department of Veterans Services. A reservation must be made by seeing Gerri in the Veterans Office or calling 617-394-2320.

Haircuts and Manicures

Haircuts by Maria: The first Tuesday of each month beginning Feb 10th from 10 AM to 12 PM. Appointments booked every half hour. Please wash your hair before arrival. Cost: \$15.00.

Manicures by Dendra: The third Wednesday of each month beginning February 18th, 9 AM to 2 PM. Book your appointment with Cathi.

Game Day Thursdays **Every Thursday, 12 PM**

Choose from a selection of games, like Pokeno, Buffalo Bingo, Monopoly, Yahtzee and more!

Bring your friends and feel free to bring your own game to share with others!

Daily Lunch **Monday - Thursday, 11: 30 - 12 PM** **Friday, 11 AM**

Lunch is served at the Connolly Center Monday through Friday. Please see Joanne or Jess at the Connolly Center for more information. There is a suggested donation of \$2 per person.

Crochet Club **Every Tuesday, 11 AM**

Crochet together as a group in this fun and educational class! An instructor is available every first and third Thursday of every month and there are also experts at each class that would be happy to help guide you.

SHINE Counseling **Wednesday, February 11, 11 - 2 PM**

Don't miss this opportunity to learn about health insurance. A Mystic Valley Elders Services SHINE counselor is available to answer your questions and help you make decisions on the right coverage for you. Please make an appointment with Joanne at the Connolly Center.

Free Tech Classes **February 2 & 17, 2 PM**

Want to learn how to navigate everyday technology, like your iPhone, iPad and laptop? Bring your own device and tech specialist Kevin will assist you and answer your questions.

Gift Shop **Monday - Thursday, 9 - 1 PM**

Stop by the gift shop at the Connolly Center! From shoes and clothing to cookware and glassware, there's a large variety of items to choose from. Each time you purchase an item from the gift shop, all proceeds will go towards programming at the Connolly Center. It's a win-win! Please consider donating items too!



Edward G. Connolly Center **90 Chelsea St. Everett, MA 02149**

Monday, 8 - 4 PM
Tuesday - Thursday, 8 - 5 PM
Friday, 8 - 12 PM

Serving residents every day, this is the hub for senior programming and services for veterans in Everett.

February 2026 - In the Know

Transportation

SCM Transportation

Need a ride to a medical appointment or the grocery store? The Council on Aging has partnered with Door2Door by SCM to provide rides within Everett and to border communities including Chelsea, Revere, Malden, Medford and Somerville.

Riders may call the reservations department at 617-625-1191 and press 2 for reservations between the hours of 9:00 AM and 1:30 PM, Mondays through Fridays, excluding holidays, two weeks to two business days in advance.

Social rides will be available from 9:00 AM to 4:00 PM on a first-come, first-served basis Mondays through Fridays, excluding holidays. Space is limited. There is a suggested donation of \$2 each way.

TRIP Metro North

In addition to SCM, you can also get where you need to go through Mystic Valley Elder Services' (MVES) TRIP program. If driving and public transportation aren't options for you, call 781-388-4819 to see if you qualify.

This free service also offers money based on mileage to reimburse friends, neighbors and possibly other family members for taking you where you want to go. Ineligible family members include sons, daughters and spouses.

Noteworthy

Senior Citizen Tax Work-Off

The Council on Aging is offering a tax work-off program for Everett homeowners age 60 and up. Eligible participants can work up to 50 hours by Oct. 15, 2026 to receive a \$750 reduction on their property tax bill.

Eligibility:

- Age 60+
- Own and live in the property

Positions are filled on a first-come, first-served basis and may include indoor or outdoor tasks. Earnings are federally taxable, and participants will receive a W-2. For more information, please call the Connolly Center at 617-394-2323.

Free Parking Sticker for Seniors

Everett residents 65 and up can apply for a free parking meter sticker for seniors at Everett City Hall (484 Broadway). The sticker lets eligible residents park for free at any metered space in Everett for one calendar year.

Residents who wish to apply at the session should bring:

- A valid driver's license
- Current vehicle registration

The sticker is free, limited to one per person and valid for one year. For more information, contact Constituent Services at 617-394-2270.

February 2026 - Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Low Impact Aerobics <i>with Calvin</i> 9:15 AM	Zumba <i>with Miguel</i> 9 AM	Cardio <i>with Irene</i> 9 AM	Yoga <i>with Miguel</i> 9 AM	Cardio <i>with Miguel</i> 9 AM
Country Line Dancing <i>with Julie</i> 11 AM	Tech Support 10 AM	CHA Health Clinic 10 AM	Aging Backwards <i>with Jill</i> 11 AM	Lunch 11 AM
Lunch 11:30 AM	Belly Dance <i>with Sue</i> 10 AM	Dancing <i>with Luis</i> 10:30 AM	Game Day 11 AM	
Bingo 12:30 PM	Blood Pressure Checks <i>with Joanne</i> 10 AM	Lunch 11:30 AM	Lunch 11:30 AM	
	Crochet Club <i>with Judith</i> 11 AM	Portuguese Programming 1:30 PM	Latin Line Dancing <i>with Christine</i> 12 PM	
	Tai Chi 11 AM			
	Lunch 11:30 AM			

February 2026 - Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 Free tech Class	3 Crochet Club 11 AM Haircuts with Maria 10am-1pm	4 Super BINGO 12:30 PM	5 Game Day 12 PM	6
9	10 Barbra Streisand Tribute Show 12:30 PM Crochet Club 11 AM Haircuts 10 AM - 12 PM	11 February Senior Social 11:45 - 3PM SHINE Counseling 11 - 2 PM	12 Book Club 12 PM Game Day 12 PM	13
16	17 Crochet Club 11 AM Free tech Class	18 Luncheon for Veterans 12 PM Manicures 9 AM - 2 PM	19 Meals and Reels 12:30 PM Game Day 12 PM	20
23	24 Crochet Club 11 AM	25	26 Book Club 12 PM Game Day 12 PM Pizza and Presentation 12:30pm	27