



CITY OF
EVERETT
COUNCIL ON AGING

Golden Times

Everett COA

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Stay Connected

90 Chelsea Street
617-394-2323
cityofeverett.com

April 2026

Message From the Mayor:



April is here, and as Alexander Pope once wrote, "Hope springs eternal." That idea, that we naturally look forward with optimism, perfectly captures the spirit of the season. Spring brings a fresh perspective each year, and there's so much to look forward to in our community.

This month, we're excited to host our own Olympic games. I encourage you to form teams and take part in a variety of interactive activities for a chance to win prizes, enjoy some friendly competition and, most importantly, have fun together. This event is always a highlight, so be sure to invite your friends and register early.

We're also looking forward to our always-popular monthly Senior Social for an afternoon of dining, dancing and enjoying each other's company.

If you, or someone you know, enjoys crafting or is interested in selling items, don't miss the upcoming Indoor Yard Sale in May. Right now, we're looking for vendors to purchase space for this event. More information on how to sign up can be found within this newsletter.

As always, please don't hesitate to reach out to my office if you need assistance. Wishing you a joyful April and a bright season ahead.

The Connolly Center is a safe space for older adults to commune with each other.

April 2026 - Happenings and Events

***To register for classes/programs, unless specifically noted otherwise, please call the COA at 617-394-2323.**

SUPER Bingo

Tuesday, April 7, 2026 12:30 PM

Come and play Super Bingo, High Stakes Prizes given, fun to be had. Please sign up with Cathi or Ana in the COA Office.

April Senior Social

Wednesday, April 8, 2026 11:45 - 3 PM

MENU: Rolls and butter, wedding soup, garden salad, baked fish, lemon chicken, rice pilaf, seasonal Vegetables, strawberry shortcake for dessert.

Tickets: \$25 per person, available now through March 6.

Entertainment: DJ TOMMY

Meals and Reels

Thursday, April 16, 2026, 12:30 PM

Join us for a delicious lunch with a movie to follow. **Lunch:** Chicken Marsala over pasta and bread. **Film: One Battle at a time** (2hr 42 min), Rated R, 2025. Starring Leonardo DiCaprio and Sean Penn. Washed-up revolutionary Bob lives off-grid with his daughter, Willa. When his nemesis returns and Willa disappears, he must confront his past to save her.

Pizza and Presentation

Thursday, April 23, 12:30 PM

The Council on Aging is serving pizza, followed by a presentation from Depression and moving on, one day at a time. Please make a reservation with Cathi or another member of the COA staff.

***Luncheon for Veterans**

Wednesday, April 29, 12 PM

All veterans and their guests are invited to enjoy a meal prepared by the Council on Aging, connect with the Veterans Services Department and learn about the services and programs available at this luncheon. A reservation must be made by seeing Gerri in the Veterans Office or calling 617-394-2320.

Connolly Center Book Club

April 9 & 23, 12 PM

Kathleen Slipp from the Everett Public libraries hosts a book club that meets every second and fourth Thursday of the month. Go on an adventure through exciting stories and discuss the tale together!

Yard Sale: Seeking Vendors

Saturday May 9, 2026

We are seeking vendors for our event. Bring your antiques, clothing, small furniture, toys, kitchen items, books, decorations and more. The cost is \$20 per spot. Please see Cathi at The Connolly Center for more information.

Haircuts and Manicures

Haircuts by Maria: The second Tuesday from 10 AM to 12 PM. Appointments booked every half hour. Please wash your hair before arrival. Cost: \$15.00.

Manicures by Dendra: The third Wednesday of each month, 9 AM to 2 PM. Book your appointment with Cathi.

Senior Olympics

Tuesday April 28, 1 PM

Join us for games such as Corn Hole, Roll the Dice, ring toss, putt putt golf, and more. Prizes will be given to the winning person or persons (team). Please sign up with Cathi in The COA Office.

Daily Lunch

Monday - Thursday, 11: 30 - 12 PM

Friday, 11 AM

Lunch is served at the Connolly Center Monday through Friday. Please see Joanne or Jess at the Connolly Center for more information. There is a suggested donation of \$2 per person.

Crochet Club

Every Tuesday, 11 AM

Crochet together as a group in this fun and educational class! An instructor is available every first and third Thursday of every month and there are also experts at each class that would be happy to help guide you.

SHINE Counseling

Wednesday, April 1, 11 AM - 2 PM

Don't miss this opportunity to learn about health insurance. A Mystic Valley Elders Services SHINE counselor is available to answer your questions and help you make decisions on the right coverage for you. Please make an appointment with Joanne at the Connolly Center. **** The first Wednesday of each month**



Gift Shop

Monday - Thursday, 9 - 1 PM

Stop by the gift shop at the Connolly Center! From shoes and clothing to cookware and glassware, there's a large variety of items to choose from. Each time you purchase an item from the gift shop, all proceeds will go towards programming at the Connolly Center. It's a win-win! Please consider donating items too!



Edward G. Connolly Center
90 Chelsea St. Everett, MA 02149

Monday, 8 - 4 PM

Tuesday - Thursday, 8 - 5 PM

Friday, 8 - 12 PM

Serving residents every day, this is the hub for senior programming and services for veterans in Everett.

April 2026 - In the Know

Transportation

SCM Transportation

Need a ride to a medical appointment or the grocery store? The Council on Aging has partnered with Door2Door by SCM to provide rides within Everett and to border communities including Chelsea, Revere, Malden, Medford and Somerville.

Riders may call the reservations department at 617-625-1191 and press 2 for reservations between the hours of 9:00 AM and 1:30 PM, Mondays through Fridays, excluding holidays, two weeks to two business days in advance.

Social rides will be available from 9:00 AM to 4:00 PM on a first-come, first-served basis Mondays through Fridays, excluding holidays. Space is limited. There is a suggested donation of \$2 each way.

TRIP Metro North

In addition to SCM, you can also get where you need to go through Mystic Valley Elder Services' (MVES) TRIP program. If driving and public transportation aren't options for you, call 781-388-4819 to see if you qualify.

This free service also offers money based on mileage to reimburse friends, neighbors and possibly other family members for taking you where you want to go. Ineligible family members include sons, daughters and spouses.

Noteworthy

Health Fair for Older Adults

Mayor Robert J. Van Campen and the Council on Aging invite Everett's older adults, families and caregivers to attend the annual Health Fair on Tuesday, March 31, from 10 a.m. to 12 p.m. at the Connolly Center (90 Chelsea St.).

More than 50 agencies will be on site offering health screenings, wellness information and helpful resources.

Don't miss this opportunity to connect with trusted health and support services, all in one place.

For more information, call 617-394-2323 or 617-394-2260.

Senior Citizen Tax Work-Off

The Council on Aging is offering a tax work-off program for Everett homeowners age 60 and up. Eligible participants can work up to 50 hours by Oct. 15, 2026 to receive a \$750 reduction on their property tax bill.

Eligibility:

- Age 60+
- Own and live in the property

Positions are filled on a first-come, first-served basis and may include indoor or outdoor tasks. Earnings are federally taxable, and participants will receive a W-2. For more information, please call the Connolly Center at 617-394-2323.

APRIL 2026 - Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Low Impact Aerobics <i>with Calvin</i> 9:15 AM	Zumba <i>with Miguel</i> 9 AM	Cardio <i>with Irene</i> 9 AM	Yoga <i>with Miguel</i> 9 AM	Cardio <i>with Miguel</i> 9 AM
Yoga Class <i>with Josie</i> 10:15 AM	Tech Support 10 AM	CHA Health Clinic 10 AM	Aging Backwards <i>with Jill</i> 11 AM	Lunch 11 AM
Country Line Dancing <i>with Julie</i> 11 AM	Belly Dance <i>with Sue</i> 10 AM	Dancing <i>with Luis</i> 10:30 AM	Game Day 11 AM	
Lunch 11:30 AM	Blood Pressure Checks <i>with Joanne</i> 10 AM	Portuguese programming 1:30PM	Lunch 11:30 AM	
Bingo 12:30 PM	Crochet Club <i>with Judith</i> 11 AM		Latin Line Dancing <i>with Christine</i> 12 PM	
	Tai Chi 11 AM			
	Lunch 11:30 AM			



Reminder:

All activities are canceled the second Wednesday of each month for the senior social.

APRIL 2026 - Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		1 SHINE Counseling 11 - 2 PM	2 Game Day 12 PM	3
6	7 Crochet Club 11 AM Super Bingo 12:30 PM	8 April Senior Social 11:45 - 3PM	9 Book Club 12 PM Game Day 12 PM	10
13	14 Crochet Club 11 AM Haircuts 10 AM - 12 PM	15 Manicures 9 AM - 2 PM	16 Meals and Reels 12:30 PM Game Day 12 PM	17
20	21 Crochet Club 11 AM Senior Olympics 12:30PM	22	23 Book Club 12 PM Game Day 12 PM Pizza and Presentation 12:30pm	24
27	28 Crochet Club 11 AM Senior Olympics 1 PM	29 Luncheon for Veterans 12 PM	30	