



CITY OF
EVERETT
COUNCIL ON AGING

Golden Times

Everett COA

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Stay Connected

90 Chelsea Street

617-394-2323

cityofeverett.com

June 2026

Message From the Mayor:



Hello Everett,

June is a meaningful month in our community. It brings both Father's Day and Juneteenth, opportunities to celebrate the fathers and grandfathers who have shaped our lives, and to commemorate the end of

slavery in the United States. Each, in its own way, invites us to reflect on the values of strength, resilience, and progress.

As we welcome the summer season, I encourage residents to stay connected and take advantage of the many programs, activities, and events happening throughout the city. The Connolly Center continues to be an important gathering place for Everett's older adults, offering opportunities for friendship, wellness, recreation, and support.

Thank you for all you do to make Everett such a strong and caring community. And don't forget, you can always reach out to my office or Constituent Services if you need assistance.

Have a wonderful June and a safe, enjoyable start to summer!

The Connolly Center is a safe space for older adults to commune with each other.

June 2026 - Happenings and Events

***To register for classes/programs, unless specifically noted otherwise, please call the COA at 617-544-6028**

May Senior Social

Wednesday, June 10, 2026, 11:45–3 PM

MENU: Rolls and butter, Soup, Ceasar Salad, Steak tips, Baked Potato, Seasonal Vegetable, Apple Pie and Ice Cream

Tickets: \$25 per person, available now through March 6.

Entertainment: Dj Tommy Sheehan

Meals and Reels

Thursday, June 11, 2026, 12:30 PM

Join us for a delicious lunch with a movie to follow. **Lunch:** Corned Beef Ruben sandwich with as side of potato salad Film: **Dirty Dancing**, starring Patrick Swayze and Jennifer Grey. Relive the magical moments of this iconic movie

Pizza and Presentation

Thursday, June 18, 2026 12:30 PM

The Council on Aging has arranged for Chelsea Jewish Life Care to present services that are available to you, in our own backyard. Following the presentation, pizza will be served. Reservations are a must. Please see Cathi

Garden Club

Every Friday at 10 AM

The Connolly Center/CHA Garden Meets at The Connolly Center, Join us!! It's Free



***Luncheon for Veterans**

Wednesday, June 24, 2026, 12 PM

All veterans and their guests are invited to enjoy a meal prepared by the Council on Aging, connect with the Veterans Services Department and learn about the services and programs available at this luncheon. A reservation must be made by seeing Gerri in the Veterans Office or calling 617-394-2320.

Connolly Center Book Club

Kathleen Slipp from the Everett Public libraries hosts a book club that meets every second and fourth Thursday of the month. Go on an adventure through exciting stories and discuss the tale together!



Senior Summer BBQ

Join the Council on Aging for this annual event, Thursday June 25, 2026, 1 PM to 4 PM. DISCO THEME at **The Connolly Center. Everett Adults, 60+ only**

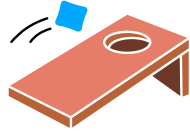
Beautify at The Connolly Center, 90 Chelsea Street

with Haircuts by Maria the second Tuesday of each month 9am to 12 noon



Corn Hole Tuesdays, 1pm

Join us every Tuesday for Corn Hole at The Connolly Center. It is free to play



SUPER BINGO

Join us for Super Bingo the first Wednesday of each month. There are prizes given, Refreshments will be served



Daily Lunch

Monday - Thursday, 11:30 - 12 PM

Friday, 11 AM

Lunch is served at the Connolly Center Monday through Friday. Please see Joanne or Jess at the Connolly Center for more information. There is a suggested donation of \$2 per person.

Crochet Club

Every Tuesday, 11 AM

Crochet together as a group in this fun and educational class! An instructor is available every first and third Tuesday of every month and there are also experts at each class that would be happy to help guide you.

SHINE Counseling

Wednesday June 3, 2026 11 AM - 2 PM

Don't miss this opportunity to learn about health insurance. A Mystic Valley Elders Services SHINE counselor is available to answer your questions and help you make decisions on the right coverage for you. Please make an appointment with Joanne at the Connolly Center. **** The first Wednesday of each month**

Gift Shop

Monday - Thursday, 9 - 1 PM

Stop by the gift shop at the Connolly Center! From shoes and clothing to cookware and glassware, there's a large variety of items to choose from. Each time you purchase an item from the gift shop, all proceeds will go towards programming at the Connolly Center. It's a win-win! Please consider donating items too!



**Edward G. Connolly Center
90 Chelsea St. Everett, MA 02149**

Monday, 8 - 4 PM

Tuesday - Thursday, 8 - 5 PM

Friday, 8 - 12 PM

Serving residents every day, this is the hub for senior programming and services for veterans in Everett.

Transportation

SCM Transportation

Need a ride to a medical appointment or the grocery store? The Council on Aging has partnered with Door2Door by SCM to provide rides within Everett and to border communities including Chelsea, Revere, Malden, Medford, and Somerville.

Riders may call the reservations department at 617-625-1191 and press 2 for reservations between the hours of 9:00 AM and 1:30 PM, Mondays through Fridays, excluding holidays, two weeks to two business days in advance.

Social rides will be available from 9:00 AM to 4:00 PM on a first-come, first-served basis Mondays through Fridays, excluding holidays. Space is limited. There is a suggested donation of \$2 each way.

TRIP Metro North

In addition to SCM, you can also get where you need to go through Mystic Valley Elder Services' (MVES) TRIP program. If driving and public transportation aren't options for you, call 781-388-4819 to see if you qualify.

This free service also offers money based on mileage to reimburse friends, neighbors and possibly other family members for taking you where you want to go. Ineligible family members include sons, daughters and spouses.

250 Years of Independence Celebration



Join us in honoring this great country Tuesday, June 30, 2026, at 2pm at the Connolly Center

There will be dancing, a light lunch of hot dogs and prizes given for the most patriotic dress.

Reservations MUST be made with Cathi for this event

Programming for Spanish Speakers Tuesdays at 1:00PM

Please see Anna in the CHA office

Chair Massage with Miguel

The First and Third Monday of each month. Appointments start at 10am
Cost: \$15.00 for 18 minutes
Make an appointment with Cathi

Senior Citizen Tax Work-Off

The Council on Aging is offering a tax work-off program for Everett homeowners age 60 and up. Eligible participants can work up to 50 hours by Oct. 15, 2026 to receive a \$750 reduction on their property tax bill.

Eligibility:

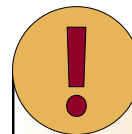
- Age 60+
- Own and live in the property

Positions are filled on a first-come, first-served basis and may include indoor or outdoor tasks. Earnings are federally taxable, and participants will receive a W-2. For more information, please call the Connolly Center at 617-394-2323.

June 2026 - Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Low Impact Aerobics <i>with Calvin</i> 9:15 AM	Zumba <i>with Miguel</i> 9 AM	Cardio <i>with Irene</i> 9 AM	Yoga <i>with Miguel</i> 9 AM	Cardio <i>with Miguel</i> 9 AM
Yoga Class <i>with Josie</i> 10:15 AM	Tech Support 10 AM	CHA Health Clinic 10 AM	Aging Backwards <i>with Jill</i> 11 AM	Lunch 11 AM
Country Line Dancing <i>with Julie</i> 11 AM	Belly Dance <i>with Sue</i> 10 AM	Dancing <i>with Luis</i> 10:30 AM	Game Day 11 AM	
Lunch 11:30 AM	Blood Pressure Checks <i>with Joanne</i> 10 AM	Portuguese programming 1:30PM	Lunch 11:30 AM	
Bingo 12:30 PM	Crochet Club <i>with Judith</i> 11 AM		Latin Line Dancing <i>with Christine</i> 12 PM	
	Tai Chi 11 AM			
	Lunch 11:30 AM			


The weather is finally getting nicer. Please remember no flip flops or sandals on the floor while exercising. Please wear the proper footwear



Reminder:

All activities are canceled the second Wednesday of each month for the senior social.

June 2026 Events Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Massage with Miguel 10 AM	2	3 Shine Counseling 1 AM–2 PM	4	5 Garden Club 10am
8	9 Crochet Club 11 AM Haircuts 9Am to Noon	10 Senior Social 11:45 AM	11 Book Club 12 PM Game Day 12 PM Meals and Reels 12:30 PM	12 Garden Club 10 AM
15 Massage with Miguel 10 AM Musical Bingo 2PM	16 Crochet Club 11 AM	17	18 Game Day 12 PM Pizza and Presentation 12:30 PM	19 CLOSED JUNETEENTH 
22	23 Crochet Club 11 AM	24 Luncheon for Veterans 12 PM	25 Book Club 12 PM Senior BBQ 1PM	26 Garden Club 10 AM
29	30 Crochet Club 11 AM Celebration 250 Years 2 PM	 <p>The Connolly Center will be closed Thursday, June 25 for regular programming as we prepare for the BBQ at 1 PM</p>		