



**CITY OF
EVERETT
COUNCIL ON AGING**

Golden Times

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Stay Connected

90 Chelsea Street

617-394-2323

cityofeverett.com

September 2026

Message From the Mayor:



As we head into September, I hope you had a wonderful summer and had the chance to enjoy some of the many activities and events happening throughout our community. From

National Night Out to our Summer Concerts and Movie Nights, it has been great to see residents coming together and enjoying the season.

As we look toward fall, I encourage you to stay active and connected by taking part in the programs, activities, and opportunities available throughout Everett. Whether you're attending an activity at the Connolly Center, spending time with friends and family, or simply enjoying one of our parks and public spaces, I hope you'll find plenty of ways to make the most of the season.

Thank you for the many ways you continue to contribute to and strengthen our community. I wish you and your loved ones a safe, healthy, and enjoyable September.

September 2026 - Happenings and Events

September Senior Social

Wednesday, September 9, 2026,

11:45 AM–3 PM

MENU: Garden Salad, Vegetable Soup, Baked Fish and Stuffed Chicken, Rice Pilaf, string beans, coffee and dessert

Dancing to Ray Cavicchio

Tickets are on sale now

\$25.00 pp

Meals and Reels

Thursday, September 24, 2026, 12:30 PM

“Young Washington”. A historical piece about the life of George Washington prior and leading up to The American Revolution

Join us for a delicious lunch with a movie to follow. **Lunch:** Lasagna and garden salad please sign up with Cathi until September 18 2026.. Reservations must be made for this event by the date daedeadline. Cost: \$5.00 pp

Pizza and Presentation

Thursday September 17, 2026, 1:00 PM

Join the Everett/Saugus Elks for a presnetation on estate planning, will trusts and more. Please sign up with Cathi for this event

Beautify at The Connolly Center 90 Chelsea Street

- Haircuts by Maria the second Tuesday of each month 9 AM to 12 PM
 - Manicures with Dondera the third Wednesday of each month 9 AM to 12 PM
 - Massages with Miguel the first and third Monday of each month
- Sign up with Cathi

*Luncheon for Veterans

Wednesday, September 23, 2026, 12 PM

All veterans and their guests are invited to enjoy a meal prepared by the Council on Aging, connect with the Veterans Services Department and learn about the services and programs available at this luncheon. A reservation must be made by seeing Gerri in the Veterans Office or calling 617-394-2320.

Connolly Center Book Club

2nd and 4th Thursday of the month

Kathleen Slipp from the Everett Public Libraries hosts a book club that meets every second and fourth Thursday of the month. Go on an adventure through exciting stories and discuss the tale together!

Fitness Class for Working Adults

Tuesday Evenings @ 6 PM

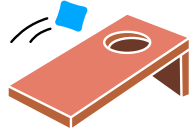
August

Josie will be teaching a combination of stretch, agility, and movement



Corn Hole Tuesdays, 1pm

Join us every Tuesday for Corn Hole at The Connolly Center. It is free to play



SUPER BINGO

Join us for Super Bingo the first Wednesday of each month. There are prizes given, Refreshments will be served



Daily Lunch

Monday - Thursday, 11: 30 - 12 PM

Friday, 11 AM

Lunch is served at the Connolly Center Monday through Friday. Please see Joanne or Jess at the Connolly Center for more information. There is a suggested donation of \$2 per person.

Crochet Club

Every Tuesday, 11 AM

Crochet together as a group in this fun and educational class! An instructor is available every first and third Tuesday of every month and there are also experts at each class that would be happy to help guide you.

SHINE Counseling Wednesdays

11 am to 2pm

Don't miss this opportunity to learn about health insurance. A Mystic Valley Elders Services SHINE counselor is available to answer your questions and help you make decisions on the right coverage for you. Please make an appointment with Joanne at the Connolly Center. **** The first Wednesday of each month**

Gift Shop

Hours:

**Monday and Wednesday
9am to 1pm**

Stop by the gift shop at the Connolly Center! From shoes and clothing to cookware and glassware, there's a large variety of items to choose from. Each time you purchase an item from the gift shop, all proceeds will go towards programming at the Connolly Center. It's a win-win! Please consider donating items too!



Edward G. Connolly Center

90 Chelsea St. Everett, MA 02149

Monday, 8 - 4 PM

Tuesday - Thursday, 8 - 5 PM

Friday, 8 - 12 PM

Serving residents every day, this is the hub for senior programming and services for veterans in Everett.

September 2026 - In the Know

Noteworthy

Transportation

SCM Transportation

Need a ride to a medical appointment or the grocery store? The Council on Aging has partnered with Door2Door by SCM to provide rides within Everett and to border communities including Chelsea, Revere, Malden, Medford, and Somerville.

Riders may call the reservations department at 617-625-1191 and press 2 for reservations between the hours of 9:00 AM and 1:30 PM, Mondays through Fridays, excluding holidays, two weeks to two business days in advance.

Social rides will be available from 9:00 AM to 4:00 PM on a first-come, first-served basis Mondays through Fridays, excluding holidays. Space is limited. There is a suggested donation of \$2 each way.

TRIP Metro North

In addition to SCM, you can also get where you need to go through Mystic Valley Elder Services' (MVES) TRIP program. If driving and public transportation aren't options for you, call 781-388-4819 to see if you qualify.

This free service also offers money based on mileage to reimburse friends, neighbors and possibly other family members for taking you where you want to go. Ineligible family members include sons, daughters and spouses.



Saturday
October 17, 2026
9am to 2pm
The Connolly Center
90 Chelsea St
Vendors Wanted
Crafters welcome
\$ 20.00 per table

ACRYLIC POUR CLASS
let THE CREATIVITY FLOW
Tuesday September 15, 2026
The Connolly Center
1pm. Cost \$ 5.00



Programming for Spanish Speakers
Tuesdays at 1:00PM
Please see Anna in the CHA office

Senior Citizen Tax Work-Off

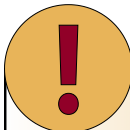
The Council on Aging is offering a tax work-off program for Everett homeowners age 60 and up. Eligible participants can work up to 50 hours by Oct. 15, 2026 to receive a \$750 reduction on their property tax bill.

Eligibility:

- Age 60+
- Own and live in the property

Positions are filled on a first-come, first-served basis and may include indoor or outdoor tasks. Earnings are federally taxable, and participants will receive a W-2. For more information, please call the Connolly Center at 617-394-2323.

Septmber 2026 - Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Low Impact Aerobics <i>with Calvin</i> 9:15 AM Yoga Class <i>with Josie</i> 10:15 AM Country Line Dancing <i>with Julie</i> 11 AM Lunch 11:30 AM Bingo 12:30 PM	Zumba <i>with Miguel</i> 9 AM Tech Support 10 AM Belly Dance <i>with Sue</i> 10 AM Blood Pressure Checks <i>with Joanne</i> 10 AM Crochet Club <i>with Judith</i> 11 AM Tai Chi 11 AM Lunch 11:30 AM 6 PM Stretch agility and movement with Josie	Cardio <i>with Irene</i> 9 AM CHA Health Clinic 10 AM Dancing <i>with Luis</i> 10:30 AM Portuguese programming 1:30PM	Yoga <i>with Miguel</i> 9 AM Aging Backwards <i>with Jill</i> 11 AM Game Day 11 AM Lunch 11:30 AM Latin Line Dancing <i>with Christine</i> 12 PM	Cardio <i>with Miguel</i> 9 AM Lunch 11 AM
			 Reminder: All activities are canceled the second Wednesday of each month for the senior social.	

September 2026 Events Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Crochet Club 11 AM Josie Stretch class 6pm	2 Shine Counseling 10AM –2 PM Super Bingo	3 Game Day 12pm	4 Garden Club 10am
7 LABOR DAY Closed	8 Haircuts 9Am to Noon Josie 6pm	9 Senior Social 11:45 AM	10 Game Day 12 PM	11 Garden Club 10 AM
14 Massage with Miguel 10 AM	15 Crochet Club Josie 6pm Stretch Class	16	17 Game Day 12 PM Pizza and presentation 12:30	18
21	22 Crochet Club 11 AM Josie Stretch 6pm	23 Luncheon for Veterans 12 PM	24 Book Club 12 PM Meals & Reels 12:30	25 Garden Club 10 AM
28	29	30		